Associate Study Certificate (ASC)

Thursday Classes 12 noon or 7pm EST

DATE	RJ Session	Case Study Selected Topics	#	2027 ASC Cohort Schedule Core Issue Addiction Recovery Topics	Length	Quiz 80%+	Discussion Board Assignments
ASC Course Application - https://form.jotform.com/253175799783174							
7-Jan	1		0	Welcome, Introductions & Housekeeping: FMM & Thinkific Websites, Dropbox		N	
14-Jan	2		1	00 FMM History (6:56m)	6:56	N	
			2	00.1 Intro to CIAR	11:28	Y6	
			3	00.2 SA Statistics	42:46:00	N	
21-Jan	3		4	00.3 LRM	34:54:00	Y11	
			5	00.4 LRM Evaluation Tool	6:09	Y4	
28-Jan	4		6	00.5 Reflective Listening Series: Intro & Basic Exercise: 5 videos	19:00	N	
			7	00.5 Reflective Listening Series: God's Relational Design: 4 videos	16:00	N	Comment Due
4-Feb	5		8	00.6 PTG - CIAR: Post Traumatic Growth & Core Issue Addiction Recovery	6:22	Y6	
			9	01 CIAR Tips & Cert	2:54	N	
			10	02 Spirit, Soul & Body	9:40	Y5	
			11	03 Addiction Defined	6:53	Y5	
11-Feb	6		12	03.1 Bowen, Addiction & Epigenetics	3:06	Y4	
			13	03.2 SA is Multi-faceted	4:34	Y9	
			14	04.1 Neurobiology of SA - The Pleasure System	11:22	Y8	
18-Feb	7		15	04.2 Orgasm, an Endorphin Rush	7:08	Y7	
			16	04.2.1 Two Pleasure Systems - Intercourse vs Masturbation	5:07	Y9	
			17	04.3 Human Pair Bond	6:11	Y7	
25-Feb	8		18	04.4 Stress, Emotions & Neurochemicals	6:13	Y8	
			19	04.5 Endorphins - Neurochemicals	7:17	Y7	
			20	04.6 Anhedonia	6:55	Y7	
4-Mar	9		21	04.7 Stress, Learning & Memory Loss	4:12	Y5	
			22	04.8 SPECT Scans	9:29	Y4	
			23	04.9 Meditation - Regeneration	6:38	Y5	Comment Due
11-Mar	10	Required	24	05 Cycle of Addiction Full Video	26:37		
18-Mar	11	Required	25	05 Cycle of Addiction Overview	1:31	Y6	
			26	05.1 Core Beliefs 05.2 Wounded Self	3:22	Y5	
			27	05.3 Shame	5:23	Y8	
25-Mar	**12**		28	05.4 Preoccupation-Fantasy	3:55	Y8	
			29	05.5 Justification Entitlement	3:42	Y6	
			30	05.6 Rituals	3:26	Y6	
1-Apr 8-Apr 15-Apr	**Easter Break**						
22-Apr	13		31	05.7 Boundaries	2:28	Y4	
			32	05.8 Acting Out - Acting In	2:21	Y5	
			33	05.9 Despair: AVE, SLIPS & Relapse	4:47	Y9	
29-Apr	14		34	00.5 Reflective Listening Series: Advanced Implementation: 3 videos	29:00	N	
			35	00.5 Reflective Listening Series: Advanced Sample: 1 video	51:26	N	
6-May	15		36	06 STDs - Sexually Transmitted Diseases/Infections CDC	51:33	Y8	
13-May	16		37	07 SA Presentation Signs & Symptoms, DSM, Sexual Anorexia	16:11	Y10	
20-May	17		38	07.1 FSLA - Female Sex and Love Addiction	57:24	Y17	
27-May	18		39	07.2 Spouses			
			40	07.3 Adolescents & Children	12:50	N	
3-Jun	19		41	08 Fragmentation	17:29	Y6	
			42	09 Introduction to Family Systems	44:57	Y14	
			43	09 The Standard or Model: God's Design			
10-Jun	20		44	9.1 Attachment Theory	46:20	Y11	
17-Jun	21		45	9.2 Family Dysfunction: ACE, Wounds, Rules, Roles, Abuse & Development	46:01	Y8	
24-Jun	22	Required	46	10 Bowen FS Theory: Diff Scale, Opposing Forces	53:10	Y7	Comment Due
1-Jul 8-Jul 15-Jul 22-Jul 29-Jul	**Summer Break**						
5-Aug	23	Required	47	10.1 Bowen FS Theory: Eight Concepts, Relational Patterns	1:07:40	Y13	
12-Aug	24		48	11 FS Summary, Messages, Coping Methods, PTSD, Conclusion	48:56	Y15	
			49	11 Spiritual Doctrine - Intro			
			50	11 Spirit, Soul and Body			
19-Aug	25	Required	51	12 The Cycle of Recovery	1:24:26	Y17	
26-Aug	26		52	12.1 Methodology, CIAR Handouts, Promote Group	48:42	N	Comment Due
2-Sep	27		53	12.2 First Contact, Group Helps, Group Format	1:18:18	N	
9-Sep	28		54	12.3 Church Mobilization	:30:01	Y7	
			55	13 Group Dynamics - Read PDF in CIAR Handouts/Group Helps for Discussion	Live	N	
				https://watch.studygateway.com/making-your-small-group-work		N	
16-Sep	29		56	14 God's Design for Sexual Intimacy	1:19:05	Y11	
23-Sep	30		57	15.1 Sexual Development: Introduction thru age 4 - 9	1:35:32	Y8	
30-Sep	31			15.2 Sexual Development: Adolescents thru Adulthood		Y4	
7-Oct	32		58	16 Identity Agreement	1:01:14	Y13	
14-Oct	33		59	17 Mission Statement & Vision Storyboard	1:25:33	Y15	
21-Oct	34		60	18 MFC+ M/F SA Contrasts, Dopamine, Co-Occurring Addictions, Overstimulation & Yada	1:11:25	N	
28-Oct	35			Class Conclusion: ASC Final - 3 Pt Takeaway, Personal Impact & 2 Service			