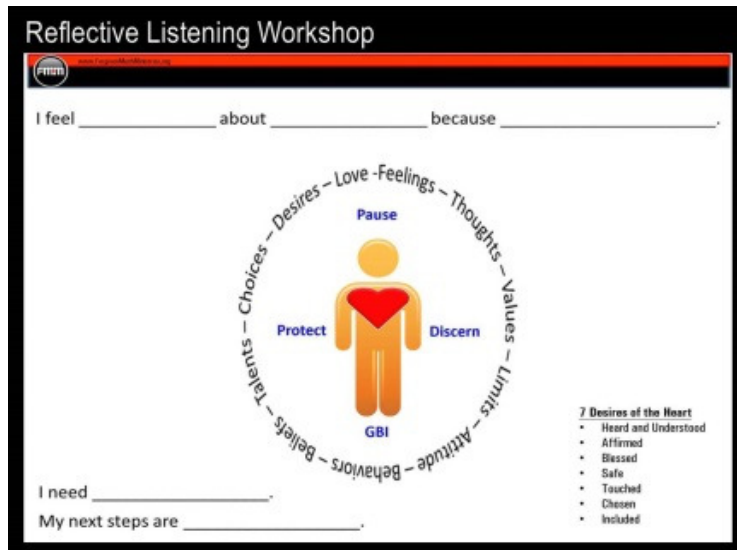




Develop Emotional Resilience



At the core of unwanted behavior is the inability to process negative emotions. Enhance your ability to choose long term gain over short term relief, realign distorted thinking, express feelings, process pain and uncover unmet needs so you can address them in healthy ways.

Join Us!



ForgivenMuchMinistries.org/workshops/registration