

# Starting a L.I.F.E. Group

## Getting Started

- \_\_\_ Introduce L.I.F.E. to the Pastor/Leader of your organization. The “Introduction to L.I.F.E.” DVD, included in our Presentation Pack, would be an excellent tool. Visit our online store to get a Presentation Pack for a \$5 donation.
- \_\_\_ Choose a spiritual authority over the group. This person has the responsibility of spiritual oversight over the L.I.F.E. Group.
- \_\_\_ Request prayer for the startup of your group, and continued prayer that God will bring those who need this ministry in their lives.
- \_\_\_ Select a Group Facilitator to facilitate group meetings. This person has the responsibility of implementing the L.I.F.E. Group. The facilitator will benefit from the assignment-by-assignment curriculum found in the Facilitator’s Guide. More information at [www.freedomeveryday.org/store\\_cm](http://www.freedomeveryday.org/store_cm).
- \_\_\_ Purchase several L.I.F.E. Guides and materials for your group to retain interest when a new member signs up (they can start reviewing their Guide immediately). Order online at [www.freedomeveryday.org/store\\_cm](http://www.freedomeveryday.org/store_cm).
- \_\_\_ Setup a file box to hold extra workbooks, Facilitators Guide, envelopes for contributions, phone list (creates an easy hand-off if facilitator cannot make a meeting)

## Spreading the Word

- \_\_\_ Ask the Pastor/Leader to talk to the entire organization about sexual integrity.
- \_\_\_ Meet with leaders in your church to spread the word about the group
- \_\_\_ Have a table with material available after organizational functions (church service, etc.) and display L.I.F.E. brochures at the church information station.
- \_\_\_ Get referrals from prayer ministers or counseling teams affiliated with your organization.
- \_\_\_ Visit smaller groups (i.e. Sunday School classes) to talk about L.I.F.E. Recovery Int. and possibly give a testimony to the effectiveness of the groups.
- \_\_\_ Request listing in the bulletin and newsletters at your organization and other churches in your area. (i.e. L.I.F.E. Recovery—providing help for sexual integrity issues. Toll Free: (866) 408-LIFE or [www.freedomeveryday.org](http://www.freedomeveryday.org); Sexual Integrity Group, contact John D. at (555) 555-5555 or [doe@adeer.com](mailto:doe@adeer.com))

## Register your Group with L.I.F.E.

- \_\_\_ Visit [www.freedomeveryday.org](http://www.freedomeveryday.org) and register your L.I.F.E. Group to list your group on our website so it can be found by others.

L.I.F.E. Recovery International • PO Box 952317 • Lake Mary • Florida • 32795  
24 Hour Pre-Recorded Toll Free Information Helpline • (866) 408-LIFE  
(press 7 to reach Headquarters) • [www.FreedomEveryday.org](http://www.FreedomEveryday.org)

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# Running a L.I.F.E. Group

## Commitments Required to Successfully Run a Group

- \_\_\_ Find a secure environment to meet that is free of distraction.
- \_\_\_ Regular weekly scheduled meetings (i.e. Wednesday nights at 7 pm)
- \_\_\_ Allow 2 hours for each meeting.
- \_\_\_ Adhere to meeting outline as listed in the L.I.F.E. Guide.
- \_\_\_ Ensure that all groups are gender-specific.

## Accepting New Members

- \_\_\_ Review the Seven Principles of L.I.F.E.
- \_\_\_ Review the L.I.F.E. Group Safety Guidelines.
- \_\_\_ Review and have member sign the L.I.F.E. Group Covenant. Available in the Facilitator's Guide or download from [www.freedomeveryday.org](http://www.freedomeveryday.org).
- \_\_\_ Explain the weekly "Meaningful Contribution" – what it represents, what it is used for, where it goes, importance of investing in the healing process, and importance of supporting L.I.F.E. Recovery.
- \_\_\_ Deliver packet with phone list, and handouts reviewed above.

## Group Process

Follow the Group Meeting Format in the L.I.F.E. Guide. Report to your Spiritual Authority and/or host church pastor every week to keep the church involved and updated – this keeps the church aware of your group and the value of it.

## Fiscal Responsibility

Each week, when collecting the contribution from group members (passing an envelope, using an offering plate, etc.), have the group treasurer fill in the number of attendees that week on your Monthly Contribution Worksheet (available online at [www.freedomeveryday.org](http://www.freedomeveryday.org) or email request to [info@freedomeveryday.org](mailto:info@freedomeveryday.org)). After the meeting, fill in the total amount contributed. Then each month, send your contribution to L.I.F.E. with a copy of the worksheet.

**Remember:** Investing in the healing process adds value to it. L.I.F.E. Recovery operates from the financial support of those it helps – recovering addicts in groups. Their investment is returned in revised and expanded resource development and support from Headquarters.