



Recovery Model Progress

Faith Based

Higher Power
Small Group – Co-Ed
No Crosstalk

1935

12 Step Program

Christ-Centered

Large Group – Co-Ed
Small Group
No Crosstalk

1990

Celebrate
Recovery

Christ-Centered

Gender Specific Small Groups
Core Issue / Trauma Model
Express Feelings & Process Pain
Crosstalk
Address Conflict
“Iron Sharpening Iron”

2000

L.I.F.E. Recovery Model